



Join us for our next dementia café sessions
Taking place on the following dates,
From 2pm – 4pm

Tuesday 10th January Music in Mind - interactive musical workshop
Tuesday 24th January Birds and Things - pet therapy
Tuesday 21st February Memory Lane Trivia
Tuesday 7th March Falls Prevention with Belong's Lead Exercise Specialist
Tuesday 21st March Easter Crafts
Tuesday 4th April Easter Baking
Tuesday 2nd May Flower Arranging Workshop

All of the above sessions provide the opportunity to chat with people, talk with Belong's Admiral Nurse and members of the care team, for advice and support
Refreshments provided



***B's Café (part of Creating Dementia Friendly Crewe)
supporting the community living with dementia***

***To find out more, or to book onto one of the above sessions, please contact Jessica Butler
T: 01270 561200 or E: jessica.butler@belong.org.uk***



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